

Limieten Gelderse Kampioenschappen (50m)

Limieten kunnen behaald worden in de periode 01.01.2025 t/m 03.05.2026

	J o14 (2012 2013 2014)*		J o16 (2010 2011)*		J o18 (2008 2009)		J o20 (2006 2007)		H Sen (2005 en ouder)	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50 vrij	0:31,26	0:32,85	0:27,08	0:28,45	0:25,70	0:27,01	0:25,59	0:26,89	0:24,48	0:25,73
100 vrij	1:10,53	1:12,98	1:01,16	1:03,29	0:57,39	0:59,39	0:57,27	0:59,26	0:55,06	0:56,98
200 vrij	2:35,30	2:40,64	2:19,14	2:23,92	2:08,68	2:13,11	2:07,74	2:12,13	2:03,42	2:07,67
400 vrij	5:30,03	5:42,02	5:09,03	5:20,25	4:38,43	4:48,54	4:36,98	4:47,04	4:32,60	4:42,51
50 rug	0:36,85	0:39,25	0:32,13	0:34,22	0:29,91	0:31,86	0:29,86	0:31,80	0:29,81	0:31,75
100 rug	1:19,00	1:24,34	1:11,56	1:16,41	1:05,87	1:10,33	1:05,32	1:09,74	1:04,90	1:09,29
200 rug	2:52,40	3:02,67	2:36,24	2:45,55	2:26,35	2:35,06	2:23,36	2:31,90	2:19,73	2:28,05
50 school	0:42,31	0:44,01	0:35,71	0:37,14	0:34,27	0:35,64	0:33,86	0:35,22	0:30,91	0:32,15
100 school	1:29,58	1:32,17	1:19,83	1:22,14	1:16,25	1:18,46	1:15,66	1:17,85	1:11,20	1:13,26
200 school	3:12,29	3:20,81	2:53,88	3:01,58	2:47,38	2:54,79	2:44,46	2:51,75	2:38,59	2:45,61
50 vlinder	0:36,46	0:38,08	0:31,40	0:32,80	0:27,56	0:28,79	0:27,23	0:28,44	0:26,72	0:27,91
100 vlinder	1:26,64	1:29,80	1:14,00	1:16,70	1:03,31	1:05,62	1:02,73	1:05,02	1:00,85	1:03,07
200 vlinder	3:18,91	3:25,41	3:09,59	3:15,79	2:33,85	2:38,87	2:31,62	2:36,57	2:24,66	2:29,38
200 wissel	2:50,37	2:56,34	2:37,40	2:42,91	2:22,72	2:27,71	2:22,29	2:27,27	2:21,87	2:26,84
400 wissel	6:05,57	6:17,54	5:55,15	6:06,79	5:21,66	5:32,20	5:16,07	5:26,43	4:57,84	5:07,60

	M o14 (2012 2013 2014)*		M o16 (2010 2011)*		M o18 (2008 2009)		M o20 (2006 2007)		D Sen (2005 en ouder)	
	25m	50m	25m	50m	25m	50m	25m	50m	25m	50m
50 vrij	0:31,49	0:32,57	0:29,75	0:30,76	0:29,60	0:30,61	0:29,24	0:30,24	0:28,21	0:29,17
100 vrij	1:10,44	1:12,49	1:06,32	1:08,25	1:04,91	1:06,79	1:04,18	1:06,04	1:02,73	1:04,55
200 vrij	2:37,13	2:39,86	2:30,85	2:33,48	2:22,59	2:25,07	2:21,88	2:24,35	2:17,98	2:20,38
400 vrij	5:51,95	5:57,96	5:23,37	5:28,89	5:03,19	5:08,36	4:59,36	5:04,47	4:56,78	5:01,84
50 rug	0:36,70	0:39,07	0:35,21	0:37,48	0:33,69	0:35,87	0:33,61	0:35,78	0:32,64	0:34,74
100 rug	1:19,99	1:24,60	1:16,15	1:20,53	1:13,07	1:17,28	1:12,72	1:16,90	1:12,25	1:16,41
200 rug	2:58,33	3:06,04	2:47,34	2:54,57	2:41,84	2:48,83	2:40,20	2:47,13	2:35,20	2:41,90
50 school	0:42,67	0:43,85	0:39,17	0:40,26	0:38,60	0:39,68	0:38,28	0:39,35	0:36,26	0:37,27
100 school	1:33,57	1:36,23	1:29,17	1:31,70	1:25,43	1:27,85	1:24,64	1:27,04	1:20,55	1:22,84
200 school	3:25,51	3:33,34	3:13,92	3:21,31	3:07,48	3:14,63	3:02,29	3:09,24	2:54,07	3:00,71
50 vlinder	0:36,38	0:37,12	0:34,44	0:35,14	0:31,79	0:32,44	0:31,48	0:32,12	0:31,13	0:31,76
100 vlinder	1:25,91	1:28,99	1:17,72	1:20,50	1:14,79	1:17,48	1:14,10	1:16,75	1:12,77	1:15,38
200 vlinder	3:24,03	3:28,29	3:14,19	3:18,24	3:09,92	3:13,88	2:59,24	3:02,98	2:48,51	2:52,03
200 wissel	2:57,82	3:03,77	2:46,48	2:52,05	2:41,65	2:47,06	2:40,90	2:46,28	2:40,04	2:45,39
400 wissel	6:24,65	6:36,95	6:12,74	6:24,66	5:41,69	5:52,62	5:39,80	5:50,67	5:37,70	5:48,50

* bij o14/o16 wordt de limiet vastgesteld op het WA-puntenaantal waarbij tenminste de top-5 van de jongste jaargang kan deelnemen.

Limieten kunnen nog bijgesteld worden wanneer deze te dicht op of onder de N(J)K-limieten zitten.